

## No Meetings Friday!





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As a company, we're committed to supporting our frontline staff, and we want to extend that same level of support to every team member from the front line to the back office and leadership teams.

We believe that recognizing and supporting everyone is crucial to our success, and we pride ourselves on our values of support and recognition for all our staff. We understand the daily pressures of deadlines, decision making, and non-stop meetings can take a toll, and we want to do our part to support your wellbeing in every way we can.

## That's why we're proposing a No-Meeting Friday initiative.

We believe that by not having meetings on Fridays, we can increase productivity by giving you uninterrupted time to focus on your work and offer more flexibility in how you structure your workweek.



This can help prevent burnout, which is a top priority at Encompass Care. Moreover, by having No-Meeting Friday, you gain the time you need to complete your work with the purpose of gaining better work-life balance.

This can help you avoid bringing work home on weekends, allowing you to truly disconnect and recharge.

But the benefits of No-Meeting Friday don't stop there. By giving you the freedom to work on your own projects or collaborate with colleagues on a more informal basis, we can improve morale and foster a more positive work culture.

We value your contributions and believe that supporting your wellbeing can lead to a happier, more productive workplace.

From front line management to back office, let's make sure everyone has the time and space they need to function effectively, and support them in being the best for their team and the staff they support. Let's show our support for all our staff and make a positive change for our team's wellbeing. We hope you'll join us in this initiative, and we look forward to seeing the positive impact it will have on our work environment.

Many Thanks Your HR team